

Emotion Word List

From Breathe Life Ministries and Next Step Press

LOVE

- hopeful
- special
- romantic
- accepted
- optimistic

JOY

- inspired
- vibrant
- carefree
- proud
- excited

PEACE

- content
- relaxed
- thankful
- thoughtful
- trusting

SADNESS

- lonely
- grieving
- bored
- disconnected
- ashamed

FEAR

- anxious
- trapped
- defensive
- doubtful
- uncertain

ANGER

- ignored
- furious
- annoyed
- impatient
- jealous

Use this word list to help expand your emotional vocabulary. I encourage you to explore what words you use most often and what emotions pop up for you on a regular basis.

